



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Pikarski, Jessica

Club: Einzelkämpfer

Number: 1133

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 53:33

Speed: 10.08 km/h

Running performance: 5:29 min/km

Rank in course/Total: 179 (of 326)

Rank in course/Women: 9 (of 80)

Best time in course: 38:41

Rank in category: 3(of 22)

Best time in the category: 38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:16	5:18	7	4:59	19	4:59	3.25	17:16	5:18	7	4:59	19	4:59
Lap 2	3.25	18:29	5:41	5	5:17	17	5:17	6.50	35:45	5:30	5	10:16	17	10:16
Last lap Finish	3.25	17:48	5:28	7	4:36	23	4:36	9.75	53:33	5:29	5	14:52	17	14:52