



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Weber, H P

Club: SG Hillerse

Number: 1107

Course: 9.75 km

10 km Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 53:32

Speed: 10.09 km/h

Running performance: 5:29 min/km

Rank in course/Total: 174 (of 326)

Rank in course/Men: 79 (of 246)

Best time in course: 34:12

Rank in category: 3(of 10)

Best time in the category: 43:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:48	5:28	7	3:42	197	6:45	3.25	17:48	5:28	7	3:42	197	6:45
Lap 2	3.25	18:04	5:33	5	3:25	153	6:27	6.50	35:52	5:31	5	7:07	173	13:11
Last lap Finish	3.25	17:40	5:26	7	2:49	147	6:11	9.75	53:32	5:29	5	9:56	157	19:20