



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Wolf, Andrej

Club: SCC Scharmede

Number: 1176

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 39:37

Speed: 13.63 km/h

Running performance: 4:04 min/km

Rank in course/Total: 19 (of 326)

Rank in course/Men: 9 (of 246)

Best time in course: 34:12

Rank in category: 1(of 24)

Best time in the category: 39:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	12:41	3:54	1	-	25	1:38	3.25	12:41	3:54	1	-	25	1:38
Lap 2	3.25	13:27	4:08	1	-	15	1:50	6.50	26:08	4:01	1	-	17	3:27
Last lap Finish	3.25	13:29	4:08	1	-	15	2:00	9.75	39:37	4:03	1	-	17	5:25