



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Jensen, Tim

Club: P&G Running

Number: 1051

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 53:40

Speed: 10.06 km/h

Running performance: 5:30 min/km

Rank in course/Total: 185 (of 326)

Rank in course/Men: 83 (of 246)

Best time in course: 34:12

Rank in category: 14(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:10	5:16	27	5:08	163	6:07	3.25	17:10	5:16	27	5:08	163	6:07
Lap 2	3.25	18:12	5:35	25	5:03	159	6:35	6.50	35:22	5:26	27	10:11	157	12:41
Last lap Finish	3.25	18:18	5:37	25	5:09	165	6:49	9.75	53:40	5:30	27	15:20	165	19:28