



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Bürger, Bernd

Club: TCSuhl

Number: 1100

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 54:25

Speed: 9.92 km/h

Running performance: 5:35 min/km

Rank in course/Total: 197 (of 326)

Rank in course/Men: 89 (of 246)

Best time in course: 34:12

Rank in category: 10(of 26)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:12	5:17	19	3:35	169	6:09	3.25	17:12	5:17	19	3:35	169	6:09
Lap 2	3.25	18:46	5:46	21	3:20	181	7:09	6.50	35:58	5:31	19	6:55	175	13:17
Last lap Finish	3.25	18:27	5:40	19	2:46	169	6:58	9.75	54:25	5:34	19	9:41	177	20:13