



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Cerwenetz, Kurt

Total time: 1:15:02

Number: 131

Course: 25.50 km

Rank in course/Total: 112 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 103 (of 251)

Best time in course: 59:47

Category:

Rank in category: 13(of 37)

Senioren 3 (TM 50)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:33	2.39	22	4:17	190	4:49	0.50	12:33	2.39	22	4:17	252	4:49
Wechsel S -> R	-	2:31	-	15	1:03	105	1:08	0.50	15:04	1.99	21	5:20	251	5:40
Schwimmen Total	0.50	15:04	1.99	21	5:20	251	5:40	0.50	15:04	1.99	21	5:20	251	5:40
Rad netto	20.00	34:39	34.63	7	2:33	52	32:03	20.50	49:43	24.74	38	7:38	251	32:08
Wechsel R -> L	-	1:13	-	22	0:39	160	0:44	20.50	50:56	24.15	38	8:17	251	31:47
Rad Total	20.00	35:52	33.46	6	3:12	53	31:42	20.50	50:56	24.15	38	8:17	251	31:47
Lauf	5.00	24:06	12.45	19	5:50	134	10:20	25.50	1:15:02	20.39	13	12:17	105	34:10