



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Hoppe, Marc

Club: SG 1919 Ueberau

Number: 135

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Category:

männliche AK 4 (TM 35)

Total time: 1:17:04

Rank in course/Total: 146 (of 340)

Rank in course/Men: 132 (of 251)

Best time in course: 59:47

Rank in category: 19(of 25)

Best time in the category: 1:04:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:46	2.55	22	3:11	157	4:02	0.50	11:46	2.55	26	3:11	252	4:02
Wechsel S -> R	-	2:34	-	14	0:57	109	1:11	0.50	14:20	2.09	26	4:04	251	4:56
Schwimmen Total	0.50	14:20	2.09	26	4:04	251	4:56	0.50	14:20	2.09	26	4:04	251	4:56
Rad netto	20.00	39:00	30.77	20	6:18	180	36:24	20.50	53:20	23.06	26	10:03	251	35:45
Wechsel R -> L	-	0:55	-	11	0:19	90	0:26	20.50	54:15	22.67	26	9:52	251	35:06
Rad Total	20.00	39:55	30.06	20	5:48	173	35:45	20.50	54:15	22.67	26	9:52	251	35:06
Lauf	5.00	22:49	13.15	13	2:50	91	9:03	25.50	1:17:04	19.85	19	12:42	134	36:12