



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Günter, Jens

Total time: 1:17:03

Number: 141

Course: 25.50 km

Rank in course/Total: 145 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 131 (of 251)

Best time in course: 59:47

Category:

Rank in category: 23(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:03	2.49	31	3:28	170	4:19	0.50	12:03	2.49	31	3:28	252	4:19
Wechsel S -> R	-	2:27	-	19	1:00	97	1:04	0.50	14:30	2.07	41	4:09	251	5:06
Schwimmen Total	0.50	14:30	2.07	41	4:09	251	5:06	0.50	14:30	2.07	41	4:09	251	5:06
Rad netto	20.00	36:11	33.16	15	5:10	91	33:35	20.50	50:41	24.27	41	8:31	251	33:06
Wechsel R -> L	-	1:12	-	29	0:41	154	0:43	20.50	51:53	23.71	41	9:12	251	32:44
Rad Total	20.00	37:23	32.10	14	5:37	92	33:13	20.50	51:53	23.71	41	9:12	251	32:44
Lauf	5.00	25:10	11.92	29	7:29	162	11:24	25.50	1:17:03	19.86	23	14:00	133	36:11