



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Graß, Verena

Total time: 1:37:29

Number: 80

Course: 25.50 km

Rank in course/Total: 324 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 81 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 11(of 11)

weibliche AK 2 (TW 25)

Best time in the category: 1:15:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:16	0.00	4	2:22	26	4:30	0.50	11:16	0.00	4	2:22	26	4:30
Wechsel S -> R	-	4:18	-	11	2:21	85	2:48	0.50	15:34	0.00	7	4:26	52	7:18
Schwimmen Total	0.50	15:34	0.00	7	4:26	52	7:18	0.50	15:34	0.00	7	4:26	52	7:18
Rad netto	20.00	48:47	24.60	11	10:05	88	20:28	20.50	1:04:21	18.65	11	14:31	83	20:18
Wechsel R -> L	-	0:45	-	4	0:08	14	0:15	20.50	1:05:06	18.43	11	14:21	79	20:33
Rad Total	20.00	49:32	24.23	11	10:03	87	19:53	20.50	1:05:06	18.43	11	14:21	79	20:33
Lauf	5.00	32:23	9.26	11	9:35	78	13:03	25.50	1:37:29	15.39	11	22:26	83	33:36