



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Vaz, Rudolf

Total time: 1:17:43

Number: 123

Course: 25.50 km

Rank in course/Total: 159 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 142 (of 251)

Best time in course: 59:47

Category:

Rank in category: 25(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Schwimmen nett	0.50	9:34	0.00	8	0:59	46	1:50	0.50	9:34	0.00	8	0:59	252	1:50
Wechsel S -> R	-	2:43	-	22	1:16	126	1:20	0.50	12:17	0.00	41	1:56	251	2:53
Schwimmen Total	0.50	12:17	0.00	41	1:56	251	2:53	0.50	12:17	0.00	41	1:56	251	2:53
Rad netto	20.00	40:42	29.48	31	9:41	211	38:06	20.50	52:59	22.65	41	10:49	251	35:24
Wechsel R -> L	-	0:31	-	1	-	4	0:02	20.50	53:30	22.43	41	10:49	251	34:21
Rad Total	20.00	41:13	29.11	30	9:27	201	37:03	20.50	53:30	22.43	41	10:49	251	34:21
Lauf	5.00	24:13	12.39	27	6:32	141	10:27	25.50	1:17:43	19.30	25	14:40	144	36:51