



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Deuerling, Silke

Club: TG Heddesheim

Number: 86

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 1 (TW 40)

Total time: 1:38:43

Rank in course/Total: 328 (of 340)

Rank in course/Women: 83 (of 89)

Best time in course: 1:03:53

Rank in category: 17(of 19)

Best time in the category: 1:08:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:19	2.25	12	4:41	63	6:33	0.50	13:19	2.25	12	4:41	64	6:33
Wechsel S -> R	-	3:30	-	13	1:23	71	2:00	0.50	16:49	1.78	14	6:04	69	8:33
Schwimmen Total	0.50	16:49	1.78	14	6:04	69	8:33	0.50	16:49	1.78	14	6:04	69	8:33
Rad netto	20.00	46:48	25.64	17	12:00	84	18:29	20.50	1:03:37	19.33	14	18:04	79	19:34
Wechsel R -> L	-	0:52	-	4	0:08	22	0:22	20.50	1:04:29	19.07	15	18:00	78	19:56
Rad Total	20.00	47:40	25.17	17	11:56	84	18:01	20.50	1:04:29	19.07	15	18:00	78	19:56
Lauf	5.00	34:14	8.76	17	12:20	84	14:54	25.50	1:38:43	15.50	17	30:20	85	34:50