



# 12. Lorsch Triathlon

Lorsch / 02.08.2015

## Detailed evaluation

**Rosan, Daniel**

**Total time: 1:22:22**

Club: DLRG Heppenheim

Number: 134

Course: 25.50 km

Rank in course/Total: 216 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 183 (of 251)

Best time in course: 59:47

Category:

Rank in category: 23(of 25)

männliche AK 4 (TM 35)

Best time in the category: 1:04:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	km	Time	km/h	Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:25	0.00	20	2:50	148	3:41	0.50	11:25	0.00	26	2:50	252	3:41
Wechsel S -> R	-	3:07	-	21	1:30	173	1:44	0.50	14:32	0.00	26	4:16	251	5:08
Schwimmen Total	0.50	14:32	0.00	26	4:16	251	5:08	0.50	14:32	0.00	26	4:16	251	5:08
Rad netto	20.00	41:08	29.17	23	8:26	218	38:32	20.50	55:40	21.56	26	12:23	251	38:05
Wechsel R -> L	-	1:20	-	19	0:44	186	0:51	20.50	57:00	21.05	26	12:37	251	37:51
Rad Total	20.00	42:28	28.26	23	8:21	221	38:18	20.50	57:00	21.05	26	12:37	251	37:51
Lauf	5.00	25:22	11.83	24	5:23	166	11:36	25.50	1:22:22	18.21	23	18:00	186	41:30