



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Lorenz, Kai

Total time: 1:03:05

Number: 159

Course: 25.50 km

Rank in course/Total: 8 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 8 (of 251)

Best time in course: 59:47

Category:

Rank in category: 2(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:43	3.44	3	0:08	16	0:59	0.50	8:43	3.44	41	0:08	252	0:59
Wechsel S -> R	-	1:51	-	6	0:24	30	0:28	0.50	10:34	2.84	41	0:13	251	1:10
Schwimmen Total	0.50	10:34	2.84	41	0:13	251	1:10	0.50	10:34	2.84	41	0:13	251	1:10
Rad netto	20.00	31:36	37.97	2	0:35	6	29:00	20.50	42:10	29.17	1	-	7	24:35
Wechsel R -> L	-	0:31	-	1	-	4	0:02	20.50	42:41	28.82	1	-	5	23:32
Rad Total	20.00	32:07	37.36	2	0:21	6	27:57	20.50	42:41	28.82	1	-	5	23:32
Lauf	5.00	20:24	14.71	7	2:43	32	6:38	25.50	1:03:05	24.25	2	0:02	9	22:13