



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Kripp, Nicole

Total time: 1:23:46

Club: Ludwigshafener Schwimmverein 07

Number: 101

Course: 25.50 km

Rank in course/Total: 230 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 38 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 2(of 7)

Seniorinnen 3 (TW 50)

Best time in the category: 1:12:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:57	2.51	3	0:47	42	5:11	0.50	11:57	2.51	8	0:47	90	5:11
Wechsel S -> R	-	2:41	-	4	0:41	38	1:11	0.50	14:38	2.05	8	1:28	90	6:22
Schwimmen Total	0.50	14:38	2.05	8	1:28	90	6:22	0.50	14:38	2.05	8	1:28	90	6:22
Rad netto	20.00	42:46	28.06	6	7:14	60	14:27	20.50	57:24	21.43	8	8:42	90	13:21
Wechsel R -> L	-	0:48	-	2	0:01	20	0:18	20.50	58:12	21.13	8	8:43	90	13:39
Rad Total	20.00	43:34	27.54	5	7:15	56	13:55	20.50	58:12	21.13	8	8:43	90	13:39
Lauf	5.00	25:34	11.73	3	2:30	28	6:14	25.50	1:23:46	18.27	2	11:13	40	19:53