



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Derscheid, Stephanie

Total time: 1:24:07

Number: 136

Course: 25.50 km

Rank in course/Total: 234 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 39 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 7(of 9)

weibliche AK 3 (TW 30)

Best time in the category: 1:12:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:36	2.59	7	1:12	35	4:50	0.50	11:36	2.59	10	1:12	90	4:50
Wechsel S -> R	-	2:11	-	3	0:29	11	0:41	0.50	13:47	2.18	10	1:28	90	5:31
Schwimmen Total	0.50	13:47	2.18	10	1:28	90	5:31	0.50	13:47	2.18	10	1:28	90	5:31
Rad netto	20.00	42:12	28.44	7	6:22	52	13:53	20.50	55:59	21.97	10	7:09	40	11:56
Wechsel R -> L	-	1:00	-	3	0:16	39	0:30	20.50	56:59	21.59	10	7:25	90	12:26
Rad Total	20.00	43:12	27.78	7	6:27	53	13:33	20.50	56:59	21.59	10	7:25	90	12:26
Lauf	5.00	27:08	11.06	7	5:41	48	7:48	25.50	1:24:07	18.19	7	12:06	41	20:14