



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Neuhold, Nico

Total time: 1:12:18

Number: 30

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 73 (of 340)

Rank in course/Men: 69 (of 251)

Best time in course: 59:47

Category:

männliche AK 4 (TM 35)

Rank in category: 10(of 25)

Best time in the category: 1:04:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:18	3.23	5	0:43	34	1:34	0.50	9:18	3.23	26	0:43	252	1:34
Wechsel S -> R	-	1:51	-	6	0:14	30	0:28	0.50	11:09	2.69	26	0:53	251	1:45
Schwimmen Total	0.50	11:09	2.69	26	0:53	251	1:45	0.50	11:09	2.69	26	0:53	251	1:45
Rad netto	20.00	37:36	31.91	18	4:54	135	35:00	20.50	48:45	25.23	26	5:28	251	31:10
Wechsel R -> L	-	0:41	-	3	0:05	24	0:12	20.50	49:26	24.88	26	5:03	251	30:17
Rad Total	20.00	38:17	31.35	16	4:10	120	34:07	20.50	49:26	24.88	26	5:03	251	30:17
Lauf	5.00	22:52	13.12	14	2:53	93	9:06	25.50	1:12:18	21.16	10	7:56	71	31:26