



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Krüger, Uwe

Total time: 1:06:55

Club: VFR Hettenleidelheim

Number: 160

Course: 25.50 km

Rank in course/Total: 23 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 22 (of 251)

Best time in course: 59:47

Category:

Rank in category: 3(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------------|-------|-------|-------|--------|-------|------|-------|-------|---------|-------|--------|-------|--------|-------|
| | km | Time | | | km/h | Cat. | | | | | | | | Cat. |
| Schwimmen nett | 0.50 | 9:56 | 0.00 | 14 | 1:35 | 70 | 2:12 | 0.50 | 9:56 | 0.00 | 14 | 1:35 | 252 | 2:12 |
| Wechsel S -> R | - | 2:05 | - | 6 | 0:35 | 49 | 0:42 | 0.50 | 12:01 | 0.00 | 10 | 2:10 | 251 | 2:37 |
| Schwimmen Total | 0.50 | 12:01 | 0.00 | 10 | 2:10 | 251 | 2:37 | 0.50 | 12:01 | 0.00 | 10 | 2:10 | 251 | 2:37 |
| Rad netto | 20.00 | 33:53 | 35.42 | 6 | 31:17 | 28 | 31:17 | 20.50 | 45:54 | 26.14 | 7 | 28:19 | 33 | 28:19 |
| Wechsel R -> L | - | 1:10 | - | 22 | 0:40 | 146 | 0:41 | 20.50 | 47:04 | 25.50 | 7 | 27:55 | 37 | 27:55 |
| Rad Total | 20.00 | 35:03 | 34.24 | 7 | 30:53 | 31 | 30:53 | 20.50 | 47:04 | 25.50 | 7 | 27:55 | 37 | 27:55 |
| Lauf | 5.00 | 19:51 | 15.11 | 5 | 1:06 | 18 | 6:05 | 25.50 | 1:06:55 | 22.42 | 4 | 26:03 | 23 | 26:03 |