12. Lorscher Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Gerhardt, Sven

Total time: 1:13:13

Club: RSC Ladenburg
Number: 184

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 85 (of 340)
Rank in course/Men: 80 (of 251)
Best time in course: 59:47

Category:
männliche AK 4 (TM 35)

Rank in category: 14(of 25)
Best time in the category: 1:04:22

Intermediate times

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	Stage score							Total ranking						
Schwimmen nett	0.50	9:47	3.07	12	1:12	55	2:03	0.50	9:47	3.07	26	1:12	252	2:03
Wechsel S -> R	-	2:30	-	13	0:53	103	1:07	0.50	12:17	2.44	26	2:01	251	2:53
Schwimmen Tota	0.50	12:17	2.44	26	2:01	251	2:53	0.50	12:17	2.44	26	2:01	251	2:53
Rad netto	20.00	35:08	34.16	6	2:26	60	32:32	20.50	47:25	25.94	26	4:08	52	29:50
Wechsel R -> L	-	1:06	-	14	0:30	128	0:37	20.50	48:31	25.35	26	4:08	55	29:22
Rad Total	20.00	36:14	33.12	7	2:07	61	32:04	20.50	48:31	25.35	26	4:08	55	29:22
Lauf	5.00	24:42	12.15	21	4:43	153	10:56	25.50	1:13:13	20.90	14	8:51	82	32:21