



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Foltz, Frieder

Total time: 1:14:48

Number: 166

Course: 25.50 km

Rank in course/Total: 108 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 100 (of 251)

Best time in course: 59:47

Category:

Rank in category: 12(of 37)

Senioren 3 (TM 50)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:57	2.74	16	2:41	121	3:13	0.50	10:57	2.74	38	2:41	252	3:13
Wechsel S -> R	-	2:43	-	16	1:15	126	1:20	0.50	13:40	2.20	38	3:56	251	4:16
Schwimmen Total	0.50	13:40	2.20	38	3:56	251	4:16	0.50	13:40	2.20	38	3:56	251	4:16
Rad netto	20.00	35:54	33.43	12	3:48	79	33:18	20.50	49:34	24.82	38	7:29	92	31:59
Wechsel R -> L	-	1:07	-	20	0:33	135	0:38	20.50	50:41	24.27	38	8:02	91	31:32
Rad Total	20.00	37:01	32.42	12	4:21	82	32:51	20.50	50:41	24.27	38	8:02	91	31:32
Lauf	5.00	24:07	12.44	20	5:51	136	10:21	25.50	1:14:48	20.45	12	12:03	102	33:56