



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Sanna, Marcus

Total time: 1:13:41

Club: DLRG Lorsch e.V.

Number: 45

Course: 25.50 km

Rank in course/Total: 92 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 86 (of 251)

Best time in course: 59:47

Category:

Rank in category: 17(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:50	2.77	17	2:15	112	3:06	0.50	10:50	2.77	41	2:15	252	3:06
Wechsel S -> R	-	2:44	-	24	1:17	130	1:21	0.50	13:34	2.21	20	3:13	251	4:10
Schwimmen Total	0.50	13:34	2.21	20	3:13	251	4:10	0.50	13:34	2.21	20	3:13	251	4:10
Rad netto	20.00	38:31	31.16	26	7:30	169	35:55	20.50	52:05	23.62	41	9:55	251	34:30
Wechsel R -> L	-	1:11	-	28	0:40	148	0:42	20.50	53:16	23.09	41	10:35	251	34:07
Rad Total	20.00	39:42	30.23	27	7:56	162	35:32	20.50	53:16	23.09	41	10:35	251	34:07
Lauf	5.00	20:25	14.69	8	2:44	35	6:39	25.50	1:13:41	20.76	17	10:38	88	32:49