



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Aigner, Dietmar

Total time: 1:20:25

Number: 171

Course: 25.50 km

Rank in course/Total: 193 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 169 (of 251)

Best time in course: 59:47

Category:

Rank in category: 22(of 25)

männliche AK 4 (TM 35)

Best time in the category: 1:04:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	12:02	2.49	23	3:27	169	4:18	0.50	12:02	2.49	26	3:27	252	4:18
Wechsel S -> R	-	5:19	-	25	3:42	248	3:56	0.50	17:21	1.73	26	7:05	251	7:57
Schwimmen Total	0.50	17:21	1.73	26	7:05	251	7:57	0.50	17:21	1.73	26	7:05	251	7:57
Rad netto	20.00	36:55	32.51	14	4:13	115	34:19	20.50	54:16	22.67	26	10:59	183	36:41
Wechsel R -> L	-	1:39	-	23	1:03	218	1:10	20.50	55:55	22.00	26	11:32	185	36:46
Rad Total	20.00	38:34	31.11	18	4:27	129	34:24	20.50	55:55	22.00	26	11:32	185	36:46
Lauf	5.00	24:30	12.24	20	4:31	146	10:44	25.50	1:20:25	19.03	22	16:03	172	39:33