



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Breitenbach, Janine

Total time: 1:21:09

Number: 180

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 204 (of 340)

Rank in course/Women: 30 (of 89)

Best time in course: 1:03:53

Category:

weibliche AK 4 (TW 35)

Rank in category: 4(of 10)

Best time in the category: 1:14:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:00	2.50	3	0:40	43	5:14	0.50	12:00	2.50	11	0:40	90	5:14
Wechsel S -> R	-	3:05	-	5	1:25	58	1:35	0.50	15:05	1.99	11	2:05	90	6:49
Schwimmen Total	0.50	15:05	1.99	11	2:05	90	6:49	0.50	15:05	1.99	11	2:05	90	6:49
Rad netto	20.00	40:13	29.84	4	3:28	37	11:54	20.50	55:18	22.24	11	5:33	90	11:15
Wechsel R -> L	-	1:02	-	7	0:23	42	0:32	20.50	56:20	21.83	11	5:40	90	11:47
Rad Total	20.00	41:15	29.09	4	3:35	34	11:36	20.50	56:20	21.83	11	5:40	90	11:47
Lauf	5.00	24:49	12.09	3	0:51	25	5:29	25.50	1:21:09	18.85	4	6:19	32	17:16