



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Romig, Christopher

Total time: 1:13:56

Number: 46

Course: 25.50 km

Rank in course/Total: 97 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 91 (of 251)

Best time in course: 59:47

Category:

Rank in category: 7(of 21)

männliche AK 3 (TM 30)

Best time in the category: 1:01:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:12	0.00	2	0:06	29	1:28	0.50	9:12	0.00	22	0:06	252	1:28
Wechsel S -> R	-	2:18	-	8	0:43	78	0:55	0.50	11:30	0.00	22	0:49	251	2:06
Schwimmen Total	0.50	11:30	0.00	22	0:49	251	2:06	0.50	11:30	0.00	22	0:49	251	2:06
Rad netto	20.00	38:42	31.01	16	7:42	173	36:06	20.50	50:12	23.90	22	8:31	251	32:37
Wechsel R -> L	-	1:04	-	13	0:29	118	0:35	20.50	51:16	23.41	22	9:00	251	32:07
Rad Total	20.00	39:46	30.18	16	8:11	165	35:36	20.50	51:16	23.41	22	9:00	251	32:07
Lauf	5.00	22:40	13.24	7	3:34	85	8:54	25.50	1:13:56	20.29	7	12:34	93	33:04