



## 12. Lorsche Triathlon

Lorsch / 02.08.2015

### Detailed evaluation

Werner, Robert

Total time: 1:24:29

Number: 176

Course: 25.50 km

Rank in course/Total: 240 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 200 (of 251)

Best time in course: 59:47

Category:

Rank in category: 30(of 37)

Senioren 3 (TM 50)

Best time in the category: 1:02:45

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 14:07         | 2.13          | 34          | 5:51           | 233        | 6:23          | 0.50        | 14:07         | 2.13          | 38          | 5:51           | 252        | 6:23          |
| Wechsel S -> R  | -           | 3:07          | -             | 24          | 1:39           | 173        | 1:44          | 0.50        | 17:14         | 1.74          | 38          | 7:30           | 251        | 7:50          |
| Schwimmen Total | 0.50        | 17:14         | 1.74          | 38          | 7:30           | 251        | 7:50          | 0.50        | 17:14         | 1.74          | 38          | 7:30           | 251        | 7:50          |
| Rad netto       | 20.00       | 36:19         | 33.04         | 14          | 4:13           | 94         | 33:43         | 20.50       | 53:33         | 22.97         | 38          | 11:28          | 171        | 35:58         |
| Wechsel R -> L  | -           | 2:16          | -             | 36          | 1:42           | 245        | 1:47          | 20.50       | 55:49         | 22.04         | 38          | 13:10          | 184        | 36:40         |
| Rad Total       | 20.00       | 38:35         | 31.10         | 20          | 5:55           | 130        | 34:25         | 20.50       | 55:49         | 22.04         | 38          | 13:10          | 184        | 36:40         |
| Lauf            | 5.00        | 28:40         | 10.47         | 32          | 10:24          | 212        | 14:54         | 25.50       | 1:24:29       | 18.11         | 30          | 21:44          | 203        | 43:37         |