



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Kolb, Gerrit

Total time: 1:14:02

Number: 37

Course: 25.50 km

Rank in course/Total: 99 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 93 (of 251)

Best time in course: 59:47

Category:

Rank in category: 9(of 21)

männliche AK 3 (TM 30)

Best time in the category: 1:01:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:46	2.79	9	1:40	110	3:02	0.50	10:46	2.79	22	1:40	252	3:02
Wechsel S -> R	-	2:22	-	9	0:47	86	0:59	0.50	13:08	2.28	22	2:27	251	3:44
Schwimmen Total	0.50	13:08	2.28	22	2:27	251	3:44	0.50	13:08	2.28	22	2:27	251	3:44
Rad netto	20.00	35:46	33.55	7	4:46	75	33:10	20.50	48:54	25.15	22	7:13	251	31:19
Wechsel R -> L	-	1:11	-	16	0:36	148	0:42	20.50	50:05	24.56	22	7:49	251	30:56
Rad Total	20.00	36:57	32.48	7	5:22	78	32:47	20.50	50:05	24.56	22	7:49	251	30:56
Lauf	5.00	23:57	12.53	13	4:51	126	10:11	25.50	1:14:02	20.67	9	12:40	95	33:10