



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Sparmann, Maik

Total time: 1:08:31

Number: 207

Course: 25.50 km

Rank in course/Total: 35 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 33 (of 251)

Best time in course: 59:47

Category:

Rank in category: 8(of 24)

männliche AK 2 (TM 25)

Best time in the category: 59:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:02	2.99	11	2:05	75	2:18	0.50	10:02	2.99	25	2:05	252	2:18
Wechsel S -> R	-	2:01	-	10	0:38	46	0:38	0.50	12:03	2.49	25	2:39	251	2:39
Schwimmen Total	0.50	12:03	2.49	25	2:39	251	2:39	0.50	12:03	2.49	25	2:39	251	2:39
Rad netto	20.00	34:01	35.28	9	2:37	30	31:25	20.50	46:04	26.70	25	5:16	251	28:29
Wechsel R -> L	-	1:06	-	16	0:33	128	0:37	20.50	47:10	26.08	25	5:48	251	28:01
Rad Total	20.00	35:07	34.17	8	3:09	32	30:57	20.50	47:10	26.08	25	5:48	251	28:01
Lauf	5.00	21:21	14.05	11	3:06	48	7:35	25.50	1:08:31	22.33	8	8:44	34	27:39