



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Wahrenbruch, Thomas

Total time: 1:10:46

Number: 232

Course: 25.50 km

Rank in course/Total: 52 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 49 (of 251)

Best time in course: 59:47

Category:

Rank in category: 10(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:19	0.00	25	2:44	141	3:35	0.50	11:19	0.00	41	2:44	143	3:35
Wechsel S -> R	-	1:48	-	4	0:21	21	0:25	0.50	13:07	0.00	41	2:46	251	3:43
Schwimmen Total	0.50	13:07	0.00	41	2:46	251	3:43	0.50	13:07	0.00	41	2:46	251	3:43
Rad netto	20.00	33:43	35.59	5	2:42	22	31:07	20.50	46:50	25.62	41	4:40	251	29:15
Wechsel R -> L	-	1:02	-	26	0:31	113	0:33	20.50	47:52	25.07	41	5:11	251	28:43
Rad Total	20.00	34:45	34.53	6	2:59	27	30:35	20.50	47:52	25.07	41	5:11	251	28:43
Lauf	5.00	22:54	13.10	19	5:13	94	9:08	25.50	1:10:46	21.20	10	7:43	50	29:54