



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Jung, Thomas

Club: RSC Pedalo Weiterstadt

Number: 14

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 2 (TM 45)

Total time: 1:14:17

Rank in course/Total: 104 (of 340)

Rank in course/Men: 97 (of 251)

Best time in course: 59:47

Rank in category: 23(of 47)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:41	2.57	33	3:20	154	3:57	0.50	11:41	2.57	48	3:20	252	3:57
Wechsel S -> R	-	2:38	-	27	1:08	118	1:15	0.50	14:19	2.10	48	4:28	251	4:55
Schwimmen Total	0.50	14:19	2.10	48	4:28	251	4:55	0.50	14:19	2.10	48	4:28	251	4:55
Rad netto	20.00	36:33	32.83	24	33:57	102	33:57	20.50	50:52	24.18	48	33:17	251	33:17
Wechsel R -> L	-	0:44	-	6	0:14	40	0:15	20.50	51:36	23.84	48	32:27	251	32:27
Rad Total	20.00	37:17	32.19	21	33:07	90	33:07	20.50	51:36	23.84	48	32:27	251	32:27
Lauf	5.00	22:41	13.23	17	3:56	87	8:55	25.50	1:14:17	20.60	24	33:25	99	33:25