



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Bauer, Daniel

Club: RST Kraichgau

Number: 220

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 3 (TM 30)

Total time: 1:12:55

Rank in course/Total: 83 (of 340)

Rank in course/Men: 78 (of 251)

Best time in course: 59:47

Rank in category: 6(of 21)

Best time in the category: 1:01:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:29	2.40	14	3:23	186	4:45	0.50	12:29	2.40	22	3:23	252	4:45
Wechsel S -> R	-	2:09	-	6	0:34	59	0:46	0.50	14:38	2.05	22	3:57	251	5:14
Schwimmen Total	0.50	14:38	2.05	22	3:57	251	5:14	0.50	14:38	2.05	22	3:57	251	5:14
Rad netto	20.00	34:23	34.90	4	3:23	44	31:47	20.50	49:01	25.09	22	7:20	251	31:26
Wechsel R -> L	-	0:54	-	9	0:19	83	0:25	20.50	49:55	24.64	22	7:39	251	30:46
Rad Total	20.00	35:17	34.01	4	3:42	41	31:07	20.50	49:55	24.64	22	7:39	251	30:46
Lauf	5.00	23:00	13.04	9	3:54	97	9:14	25.50	1:12:55	20.98	6	11:33	80	32:03