



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Beckmann, Heiko

Total time: 1:14:05

Number: 219

Course: 25.50 km

Rank in course/Total: 101 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 94 (of 251)

Best time in course: 59:47

Category:

Rank in category: 21(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:36	2.38	41	4:15	192	4:52	0.50	12:36	2.38	48	4:15	252	4:52
Wechsel S -> R	-	2:17	-	17	0:47	76	0:54	0.50	14:53	2.02	48	5:02	251	5:29
Schwimmen Total	0.50	14:53	2.02	48	5:02	251	5:29	0.50	14:53	2.02	48	5:02	251	5:29
Rad netto	20.00	36:24	32.97	21	33:48	96	33:48	20.50	51:17	23.98	48	33:42	251	33:42
Wechsel R -> L	-	0:59	-	11	0:29	103	0:30	20.50	52:16	23.53	48	33:07	251	33:07
Rad Total	20.00	37:23	32.10	23	33:13	93	33:13	20.50	52:16	23.53	48	33:07	251	33:07
Lauf	5.00	21:49	13.75	13	3:04	59	8:03	25.50	1:14:05	20.65	22	33:13	96	33:13