



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Molitor, Simon

Total time: 1:15:44

Number: 206

Course: 25.50 km

Rank in course/Total: 131 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 119 (of 251)

Best time in course: 59:47

Category:

Rank in category: 2(of 4)

männliche AK 1 (TM 20)

Best time in the category: 1:12:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:22	2.64	2	0:56	145	3:38	0.50	11:22	2.64	5	0:56	252	3:38
Wechsel S -> R	-	2:37	-	2	0:15	114	1:14	0.50	13:59	2.15	5	1:11	251	4:35
Schwimmen Total	0.50	13:59	2.15	5	1:11	251	4:35	0.50	13:59	2.15	5	1:11	251	4:35
Rad netto	20.00	36:15	33.10	2	1:02	92	33:39	20.50	50:14	24.49	5	2:13	251	32:39
Wechsel R -> L	-	0:59	-	2	0:01	103	0:30	20.50	51:13	24.02	5	1:59	251	32:04
Rad Total	20.00	37:14	32.23	2	0:48	89	33:04	20.50	51:13	24.02	5	1:59	251	32:04
Lauf	5.00	24:31	12.24	3	1:01	147	10:45	25.50	1:15:44	20.20	2	2:53	121	34:52