



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Jakobi, Ron

Total time: 1:20:45

Number: 209

Course: 25.50 km

Rank in course/Total: 200 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 173 (of 251)

Best time in course: 59:47

Category:

Rank in category: 19(of 24)

männliche AK 2 (TM 25)

Best time in the category: 59:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	km	Time	km/h	Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:43	0.00	17	3:46	155	3:59	0.50	11:43	0.00	25	3:46	252	3:59
Wechsel S -> R	-	3:46	-	21	2:23	219	2:23	0.50	15:29	0.00	25	6:05	251	6:05
Schwimmen Total	0.50	15:29	0.00	25	6:05	251	6:05	0.50	15:29	0.00	25	6:05	251	6:05
Rad netto	20.00	43:52	27.36	22	12:28	237	41:16	20.50	59:21	20.22	25	18:33	251	41:46
Wechsel R -> L	-	1:12	-	18	0:39	154	0:43	20.50	1:00:33	19.82	25	19:11	251	41:24
Rad Total	20.00	45:04	26.63	22	13:06	238	40:54	20.50	1:00:33	19.82	25	19:11	251	41:24
Lauf	5.00	20:12	14.85	7	1:57	26	6:26	25.50	1:20:45	18.58	19	20:58	176	39:53