



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Iwanowitsch, Markus

Total time: 1:03:06

Club: Feuerwehr Birkenau-Reisen

Number: 28

Course: 25.50 km

Rank in course/Total: 9 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 9 (of 251)

Best time in course: 59:47

Category:

Rank in category: 3(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:23	3.20	5	0:48	36	1:39	0.50	9:23	3.20	41	0:48	252	1:39
Wechsel S -> R	-	1:27	-	1	-	3	0:04	0.50	10:50	2.77	4	0:29	251	1:26
Schwimmen Total	0.50	10:50	2.77	4	0:29	251	1:26	0.50	10:50	2.77	4	0:29	251	1:26
Rad netto	20.00	33:48	35.50	6	2:47	23	31:12	20.50	44:38	27.56	41	2:28	251	27:03
Wechsel R -> L	-	0:47	-	14	0:16	51	0:18	20.50	45:25	27.08	41	2:44	251	26:16
Rad Total	20.00	34:35	34.70	5	2:49	24	30:25	20.50	45:25	27.08	41	2:44	251	26:16
Lauf	5.00	17:41	16.97	1	-	2	3:55	25.50	1:03:06	24.25	3	0:03	10	22:14