



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Sochiera, Paul

Total time: 1:23:45

Number: 231

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 229 (of 340)

Rank in course/Men: 192 (of 251)

Best time in course: 59:47

Category:

männliche Jugend A (TM 16/17)

Rank in category: 2(of 2)

Best time in the category: 1:19:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:18	2.44	2	3:13	178	4:34	0.50	12:18	2.44	3	3:13	252	4:34
Wechsel S -> R	-	3:20	-	2	1:02	196	1:57	0.50	15:38	1.92	3	4:15	251	6:14
Schwimmen Total	0.50	15:38	1.92	3	4:15	251	6:14	0.50	15:38	1.92	3	4:15	251	6:14
Rad netto	20.00	39:49	30.14	2	0:11	197	37:13	20.50	55:27	22.18	3	4:26	251	37:52
Wechsel R -> L	-	0:29	-	1	-	1	-	20.50	55:56	21.99	3	4:18	251	36:47
Rad Total	20.00	40:18	29.78	2	0:03	181	36:08	20.50	55:56	21.99	3	4:18	251	36:47
Lauf	5.00	27:49	10.78	1	-	202	14:03	25.50	1:23:45	18.27	2	4:10	195	42:53