



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Stützer, Roland

Total time: 1:28:45

Number: 223

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 279 (of 340)

Rank in course/Men: 221 (of 251)

Best time in course: 59:47

Category:

Senioren 2 (TM 45)

Rank in category: 44(of 47)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:16	3.24	9	0:55	33	1:32	0.50	9:16	3.24	48	0:55	252	1:32
Wechsel S -> R	-	4:26	-	47	2:56	242	3:03	0.50	13:42	2.19	48	3:51	251	4:18
Schwimmen Total	0.50	13:42	2.19	48	3:51	251	4:18	0.50	13:42	2.19	48	3:51	251	4:18
Rad netto	20.00	43:53	27.35	46	41:17	238	41:17	20.50	57:35	21.36	48	40:00	251	40:00
Wechsel R -> L	-	1:11	-	24	0:41	148	0:42	20.50	58:46	20.93	48	39:37	251	39:37
Rad Total	20.00	45:04	26.63	46	40:54	239	40:54	20.50	58:46	20.93	48	39:37	251	39:37
Lauf	5.00	29:59	10.01	44	11:14	226	16:13	25.50	1:28:45	17.24	45	47:53	224	47:53