



## 12. Lorsche Triathlon

Lorsch / 02.08.2015

### Detailed evaluation

Niedermaier, Marco

Total time: 1:28:54

Number: 199

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 283 (of 340)

Rank in course/Men: 223 (of 251)

Best time in course: 59:47

Category:

männliche AK 2 (TM 25)

Rank in category: 23(of 24)

Best time in the category: 59:47

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 12:31         | 2.40          | 19          | 4:34           | 188        | 4:47          | 0.50        | 12:31         | 2.40          | 25          | 4:34           | 252        | 4:47          |
| Wechsel S -> R  | -           | 3:31          | -             | 19          | 2:08           | 203        | 2:08          | 0.50        | 16:02         | 1.87          | 25          | 6:38           | 251        | 6:38          |
| Schwimmen Total | 0.50        | 16:02         | 1.87          | 25          | 6:38           | 251        | 6:38          | 0.50        | 16:02         | 1.87          | 25          | 6:38           | 251        | 6:38          |
| Rad netto       | 20.00       | 46:27         | 25.83         | 23          | 15:03          | 246        | 43:51         | 20.50       | 1:02:29       | 19.69         | 25          | 21:41          | 251        | 44:54         |
| Wechsel R -> L  | -           | 0:35          | -             | 3           | 0:02           | 9          | 0:06          | 20.50       | 1:03:04       | 19.50         | 25          | 21:42          | 251        | 43:55         |
| Rad Total       | 20.00       | 47:02         | 25.51         | 23          | 15:04          | 245        | 42:52         | 20.50       | 1:03:04       | 19.50         | 25          | 21:42          | 251        | 43:55         |
| Lauf            | 5.00        | 25:50         | 11.61         | 20          | 7:35           | 176        | 12:04         | 25.50       | 1:28:54       | 17.21         | 23          | 29:07          | 226        | 48:02         |