



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Bergsträßer, Marcus

Total time: 1:10:47

Number: 282

Course: 25.50 km

Rank in course/Total: 53 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 50 (of 251)

Best time in course: 59:47

Category:

Rank in category: 11(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			km/h	Cat.								Cat.
Schwimmen nett	0.50	10:12	0.00	13	1:37	83	2:28	0.50	10:12	0.00	41	1:37	83	2:28
Wechsel S -> R	-	1:50	-	5	0:23	26	0:27	0.50	12:02	0.00	41	1:41	52	2:38
Schwimmen Total	0.50	12:02	0.00	41	1:41	52	2:38	0.50	12:02	0.00	41	1:41	52	2:38
Rad netto	20.00	36:37	32.77	18	5:36	105	34:01	20.50	48:39	24.67	41	6:29	251	31:04
Wechsel R -> L	-	1:02	-	26	0:31	113	0:33	20.50	49:41	24.15	41	7:00	251	30:32
Rad Total	20.00	37:39	31.87	17	5:53	101	33:29	20.50	49:41	24.15	41	7:00	251	30:32
Lauf	5.00	21:06	14.22	10	3:25	43	7:20	25.50	1:10:47	21.19	11	7:44	51	29:55