



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Stapler, Wolfgang

Total time: 1:31:05

Number: 226

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 297 (of 340)

Rank in course/Men: 230 (of 251)

Best time in course: 59:47

Category:

Senioren 6 (TM 65)

Rank in category: 7(of 8)

Best time in the category: 1:17:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:40	2.05	8	4:32	242	6:56	0.50	14:40	2.05	9	4:32	252	6:56
Wechsel S -> R	-	4:09	-	8	1:50	234	2:46	0.50	18:49	1.59	9	5:52	251	9:25
Schwimmen Total	0.50	18:49	1.59	9	5:52	251	9:25	0.50	18:49	1.59	9	5:52	251	9:25
Rad netto	20.00	39:21	30.50	7	3:38	190	36:45	20.50	58:10	21.15	9	7:22	251	40:35
Wechsel R -> L	-	1:45	-	6	1:07	226	1:16	20.50	59:55	20.53	9	7:08	251	40:46
Rad Total	20.00	41:06	29.20	7	4:02	198	36:56	20.50	59:55	20.53	9	7:08	251	40:46
Lauf	5.00	31:10	9.63	7	8:32	236	17:24	25.50	1:31:05	16.80	7	13:38	233	50:13