



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Sochiera, Michael

Total time: 1:31:12

Number: 230

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 299 (of 340)

Rank in course/Men: 232 (of 251)

Best time in course: 59:47

Category:

Senioren 3 (TM 50)

Rank in category: 36(of 37)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:34	2.06	37	6:18	241	6:50	0.50	14:34	2.06	38	6:18	252	6:50
Wechsel S -> R	-	4:16	-	36	2:48	238	2:53	0.50	18:50	1.59	38	9:06	251	9:26
Schwimmen Total	0.50	18:50	1.59	38	9:06	251	9:26	0.50	18:50	1.59	38	9:06	251	9:26
Rad netto	20.00	40:47	29.42	34	8:41	214	38:11	20.50	59:37	20.63	35	17:32	251	42:02
Wechsel R -> L	-	1:00	-	14	0:26	107	0:31	20.50	1:00:37	20.29	35	17:58	251	41:28
Rad Total	20.00	41:47	28.72	33	9:07	210	37:37	20.50	1:00:37	20.29	35	17:58	251	41:28
Lauf	5.00	30:35	9.81	33	12:19	231	16:49	25.50	1:31:12	16.78	36	28:27	235	50:20