



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Kaltenmorgen, Norbert

Total time: 1:15:56

Club: SKV Mörfelden Team MöWathlon

Number: 38

Course: 25.50 km

Rank in course/Total: 133 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 121 (of 251)

Best time in course: 59:47

Category:

Rank in category: 16(of 37)

Senioren 3 (TM 50)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:29	2.22	32	5:13	221	5:45	0.50	13:29	2.22	38	5:13	252	5:45
Wechsel S -> R	-	2:27	-	13	0:59	97	1:04	0.50	15:56	1.88	38	6:12	251	6:32
Schwimmen Total	0.50	15:56	1.88	38	6:12	251	6:32	0.50	15:56	1.88	38	6:12	251	6:32
Rad netto	20.00	35:13	34.07	8	3:07	63	32:37	20.50	51:09	24.05	38	9:04	251	33:34
Wechsel R -> L	-	0:47	-	6	0:13	51	0:18	20.50	51:56	23.68	38	9:17	251	32:47
Rad Total	20.00	36:00	33.33	8	3:20	56	31:50	20.50	51:56	23.68	38	9:17	251	32:47
Lauf	5.00	24:00	12.50	16	5:44	129	10:14	25.50	1:15:56	20.15	16	13:11	123	35:04