



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Baumgarten, Jürgen

Total time: 1:15:07

Club: running sibana

Number: 263

Course: 25.50 km

Rank in course/Total: 116 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 106 (of 251)

Best time in course: 59:47

Category:

Rank in category: 4(of 18)

Senioren 4 (TM 55)

Best time in the category: 1:06:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:50	3.05	3	0:43	57	2:06	0.50	9:50	3.05	19	0:43	57	2:06
Wechsel S -> R	-	2:16	-	2	0:52	74	0:53	0.50	12:06	2.48	19	1:10	251	2:42
Schwimmen Total	0.50	12:06	2.48	19	1:10	251	2:42	0.50	12:06	2.48	19	1:10	251	2:42
Rad netto	20.00	36:45	32.65	6	2:39	110	34:09	20.50	48:51	25.18	19	3:23	251	31:16
Wechsel R -> L	-	0:54	-	4	0:11	83	0:25	20.50	49:45	24.72	19	3:34	251	30:36
Rad Total	20.00	37:39	31.87	5	2:39	102	33:29	20.50	49:45	24.72	19	3:34	251	30:36
Lauf	5.00	25:22	11.83	7	11:36	166	11:36	25.50	1:15:07	20.37	5	8:21	108	34:15