



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Braun, Tobias

Total time: 1:17:40

Club: VfL Münster

Number: 261

Course: 25.50 km

Rank in course/Total: 157 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 141 (of 251)

Best time in course: 59:47

Category:

Rank in category: 17(of 24)

männliche AK 2 (TM 25)

Best time in the category: 59:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:36	2.59	16	3:39	153	3:52	0.50	11:36	2.59	25	3:39	153	3:52
Wechsel S -> R	-	2:51	-	14	1:28	143	1:28	0.50	14:27	2.08	25	5:03	251	5:03
Schwimmen Total	0.50	14:27	2.08	25	5:03	251	5:03	0.50	14:27	2.08	25	5:03	251	5:03
Rad netto	20.00	39:50	30.13	19	8:26	198	37:14	20.50	54:17	22.66	25	13:29	251	36:42
Wechsel R -> L	-	1:05	-	15	0:32	123	0:36	20.50	55:22	22.22	25	14:00	251	36:13
Rad Total	20.00	40:55	29.33	19	8:57	194	36:45	20.50	55:22	22.22	25	14:00	251	36:13
Lauf	5.00	22:18	13.45	13	4:03	74	8:32	25.50	1:17:40	19.70	17	17:53	143	36:48