



## 12. Lorsche Triathlon

Lorsch / 02.08.2015

### Detailed evaluation

Münch, Michael

Total time: 1:18:42

Club: TSV Amicitia Viernheim

Number: 267

Course: 25.50 km

Rank in course/Total: 170 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 151 (of 251)

Best time in course: 59:47

Category:

Rank in category: 20(of 37)

Senioren 3 (TM 50)

Best time in the category: 1:02:45

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 11:15         | 2.67          | 19          | 2:59           | 137        | 3:31          | 0.50        | 11:15         | 2.67          | 38          | 2:59           | 139        | 3:31          |
| Wechsel S -> R  | -           | 2:14          | -             | 10          | 0:46           | 70         | 0:51          | 0.50        | 13:29         | 2.22          | 38          | 3:45           | 251        | 4:05          |
| Schwimmen Total | 0.50        | 13:29         | 2.22          | 38          | 3:45           | 251        | 4:05          | 0.50        | 13:29         | 2.22          | 38          | 3:45           | 251        | 4:05          |
| Rad netto       | 20.00       | 36:54         | 32.52         | 19          | 4:48           | 114        | 34:18         | 20.50       | 50:23         | 24.41         | 38          | 8:18           | 251        | 32:48         |
| Wechsel R -> L  | -           | 1:04          | -             | 16          | 0:30           | 118        | 0:35          | 20.50       | 51:27         | 23.91         | 38          | 8:48           | 251        | 32:18         |
| Rad Total       | 20.00       | 37:58         | 31.61         | 17          | 5:18           | 109        | 33:48         | 20.50       | 51:27         | 23.91         | 38          | 8:48           | 251        | 32:18         |
| Lauf            | 5.00        | 27:15         | 11.01         | 27          | 8:59           | 193        | 13:29         | 25.50       | 1:18:42       | 19.44         | 20          | 15:57          | 153        | 37:50         |