



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Smejkal, Emil

Total time: 1:17:27

Club: SG Poseidon Eppelheim

Number: 34

Course: 25.50 km

Rank in course/Total: 153 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 137 (of 251)

Best time in course: 59:47

Category:

Rank in category: 1(of 8)

Senioren 6 (TM 65)

Best time in the category: 1:17:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:33	2.21	6	3:25	225	5:49	0.50	13:33	2.21	9	3:25	252	5:49
Wechsel S -> R	-	2:38	-	2	0:19	118	1:15	0.50	16:11	1.85	9	3:14	251	6:47
Schwimmen Total	0.50	16:11	1.85	9	3:14	251	6:47	0.50	16:11	1.85	9	3:14	251	6:47
Rad netto	20.00	35:43	33.60	1	-	72	33:07	20.50	51:54	23.70	9	1:06	251	34:19
Wechsel R -> L	-	1:21	-	3	0:43	188	0:52	20.50	53:15	23.10	9	0:28	251	34:06
Rad Total	20.00	37:04	32.37	1	-	84	32:54	20.50	53:15	23.10	9	0:28	251	34:06
Lauf	5.00	24:12	12.40	3	1:34	139	10:26	25.50	1:17:27	19.75	1	-	139	36:35