



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Nordt, Andreas

Total time: 1:27:35

Number: 242

Course: 25.50 km

Rank in course/Total: 272 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 217 (of 251)

Best time in course: 59:47

Category:

Rank in category: 43(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Schwimmen nett	0.50	12:19	2.44	38	3:58	179	4:35	0.50	12:19	2.44	48	3:58	180	4:35
Wechsel S -> R	-	4:05	-	46	2:35	230	2:42	0.50	16:24	1.83	48	6:33	251	7:00
Schwimmen Total	0.50	16:24	1.83	48	6:33	251	7:00	0.50	16:24	1.83	48	6:33	251	7:00
Rad netto	20.00	40:49	29.40	45	38:13	215	38:13	20.50	57:13	21.50	48	39:38	251	39:38
Wechsel R -> L	-	1:14	-	30	0:44	165	0:45	20.50	58:27	21.04	48	39:18	210	39:18
Rad Total	20.00	42:03	28.54	45	37:53	215	37:53	20.50	58:27	21.04	48	39:18	210	39:18
Lauf	5.00	29:08	10.30	43	10:23	217	15:22	25.50	1:27:35	17.47	44	46:43	220	46:43