



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Slabke, Dr. Uwe

Total time: 1:09:26

Club: Led institut

Number: 297

Course: 25.50 km

Rank in course/Total: 42 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 40 (of 251)

Best time in course: 59:47

Category:

Rank in category: 7(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:46	3.42	5	0:25	17	1:02	0.50	8:46	3.42	48	0:25	252	1:02
Wechsel S -> R	-	1:43	-	3	0:13	17	0:20	0.50	10:29	2.86	48	0:38	251	1:05
Schwimmen Total	0.50	10:29	2.86	48	0:38	251	1:05	0.50	10:29	2.86	48	0:38	251	1:05
Rad netto	20.00	33:32	35.79	5	30:56	20	30:56	20.50	44:01	27.94	48	26:26	251	26:26
Wechsel R -> L	-	0:43	-	4	0:13	33	0:14	20.50	44:44	27.50	48	25:35	251	25:35
Rad Total	20.00	34:15	35.04	4	30:05	19	30:05	20.50	44:44	27.50	48	25:35	251	25:35
Lauf	5.00	24:42	12.15	28	5:57	153	10:56	25.50	1:09:26	22.04	8	28:34	41	28:34