



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

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Club: bike-innovations.de

Number: 331

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 4 (TM 35)

Total time: 1:09:33

Rank in course/Total: 43 (of 340)

Rank in course/Men: 41 (of 251)

Best time in course: 59:47

Rank in category: 5(of 25)

Best time in the category: 1:04:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:04	0.00	3	0:29	22	1:20	0.50	9:04	0.00	26	0:29	252	1:20
Wechsel S -> R	-	2:55	-	18	1:18	150	1:32	0.50	11:59	0.00	26	1:43	251	2:35
Schwimmen Total	0.50	11:59	0.00	26	1:43	251	2:35	0.50	11:59	0.00	26	1:43	251	2:35
Rad netto	20.00	32:42	36.70	1	-	13	30:06	20.50	44:41	26.86	26	1:24	251	27:06
Wechsel R -> L	-	1:31	-	22	0:55	204	1:02	20.50	46:12	25.97	26	1:49	251	27:03
Rad Total	20.00	34:13	35.07	2	0:06	18	30:03	20.50	46:12	25.97	26	1:49	251	27:03
Lauf	5.00	23:21	12.85	16	3:22	107	9:35	25.50	1:09:33	21.57	5	5:11	42	28:41