



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Horsch-Littig, Katharina

Club: DSW Darmstadt

Number: 294

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 2 TW 45)

Rank in course/Total: DSQ (of 340)

Rank in course/Women: DSQ (of 89)

Best time in course: 1:03:53

Rank in category: DSQ(of 20)

Best time in the category: 1:10:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:37	3.12	3	0:45	6	2:51	0.50	9:37	3.12	21	0:45	90	2:51
Wechsel S -> R	-	2:01	-	1	-	6	0:31	0.50	11:38	2.58	21	0:26	90	3:22
Schwimmen Total	0.50	11:38	2.58	21	0:26	90	3:22	0.50	11:38	2.58	21	0:26	90	3:22
Rad netto	20.00	35:46	33.55	1	-	4	7:27	20.50	47:24	25.95	1	-	90	3:21
Wechsel R -> L	-	0:48	-	3	0:05	20	0:18	20.50	48:12	25.52	1	-	90	3:39
Rad Total	20.00	36:34	32.82	1	-	5	6:55	20.50	48:12	25.52	1	-	90	3:39
Lauf	5.00	22:16	13.47	4	2:56	7	2:56	25.50	-	-	-	-	-	-