



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Lück, Otto Peter

Total time: 1:32:44

Club: VfL Münster

Number: 259

Course: 25.50 km

Rank in course/Total: 304 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 235 (of 251)

Best time in course: 59:47

Category:

Rank in category: 8(of 8)

Senioren 6 (TM 65)

Best time in the category: 1:17:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:06	2.29	4	2:58	210	5:22	0.50	13:06	2.29	4	2:58	210	5:22
Wechsel S -> R	-	3:04	-	5	0:45	165	1:41	0.50	16:10	1.86	4	3:13	251	6:46
Schwimmen Total	0.50	16:10	1.86	4	3:13	251	6:46	0.50	16:10	1.86	4	3:13	251	6:46
Rad netto	20.00	40:08	29.90	8	4:25	202	37:32	20.50	56:18	21.85	7	5:30	251	38:43
Wechsel R -> L	-	1:32	-	4	0:54	206	1:03	20.50	57:50	21.27	7	5:03	251	38:41
Rad Total	20.00	41:40	28.80	8	4:36	208	37:30	20.50	57:50	21.27	7	5:03	251	38:41
Lauf	5.00	34:54	8.60	8	12:16	247	21:08	25.50	1:32:44	16.50	8	15:17	238	51:52