



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Niebergall, Bernd

Total time: 1:13:45

Number: 322

Course: 25.50 km

Rank in course/Total: 93 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 87 (of 251)

Best time in course: 59:47

Category:

Rank in category: 19(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:58	2.74	26	2:37	124	3:14	0.50	10:58	2.74	48	2:37	252	3:14
Wechsel S -> R	-	2:43	-	29	1:13	126	1:20	0.50	13:41	2.19	48	3:50	251	4:17
Schwimmen Total	0.50	13:41	2.19	48	3:50	251	4:17	0.50	13:41	2.19	48	3:50	251	4:17
Rad netto	20.00	35:10	34.12	15	32:34	62	32:34	20.50	48:51	25.18	48	31:16	251	31:16
Wechsel R -> L	-	1:10	-	22	0:40	146	0:41	20.50	50:01	24.59	48	30:52	251	30:52
Rad Total	20.00	36:20	33.03	15	32:10	63	32:10	20.50	50:01	24.59	48	30:52	251	30:52
Lauf	5.00	23:44	12.64	20	4:59	119	9:58	25.50	1:13:45	20.75	20	32:53	89	32:53